



## **Press Release**

### **FOSHAN LINGNAN TIANDI AN EXTRAORDINARY ANCIENT VILLAGE EXPERIENCE**

#### **THE WING CHUN DOCUMENTARY - an authentic experience of Wing Chun philosophy**

[21 November 2012 – Guangdong, Foshan] Following the successful redevelopment of Shanghai's Xintiandi district, Shui On Land Limited (Shui On Land) has spent three years developing a similar project, Foshan Lingnan Tiandi, which encompasses residential, commercial, cultural and retail facilities. The biggest renovation of its kind in Guangdong to date, it is a harmonious combination of traditional and modern. One of the major aims with Foshan Lingnan Tiandi is to promote Wing Chun martial art culture (its roots are in Foshan) by the construction of a Wing Chun hall, and it also invited an international film crew to produce a Wing Chun documentary.

#### **Researching the 200-year Wing Chun culture**

Headed up by Dublin director Seamus Walsh and Hong Kong producer Bill Yip, nominated 'Best Director' at the 31st Hong Kong International Film Festival, the 35-minute, HK\$200 million documentary explores how Wing Chun philosophy affects daily life.

Vincent Lo, Chairman of Shui On Land, made an appearance in the film and outlined how he used Wing Chun principles such as 'Chung Sin (Centre Line)', 'Siu Lim Tao (Little Thoughts)' and 'Chum Kiu (Seeking the Bridge)' to solve difficult tasks, and how the Wing Chun philosophy continues to influence his family, social and corporate life. Lo indicated that 'Centre Line' is the cornerstone belief of Wing Chun, and encourages followers to maintain their principles and a calm mind to achieve goals.

Around 100 people participated in the film including Master Lui Ming Fai, a disciple of Wing Chun legend Ip Man's apprentice, who introduced each philosophy of Wing Chun. In addition, Mr. Lee Wai Yuk Justin, assistant lecturer of the department of Orthopaedics and Traumatology from The Chinese University of Hong Kong, captured and analysed Wing Chun skills to prove its scientific relevance.



### **Learn Wing Chun with Master Lui Ming Fai**

Foshan Lingnan Tiandi is home to the Wing Chun Hall, where guests can learn the martial art with Master Lui Ming Fai, a teacher of Wing Chun for over 40 years. Visitors are encouraged to join the Wing Chun trial class to experience this famous martial art culture. People who are interested in martial art can visit the Wing Chun Hall to be tutored by Master Lui or simply enjoy his demonstration of Wing Chun moves.

### **Discover ancient Lingnan architecture**

Located near the Foshan Ancestral Temple on Donghua Lane, Foshan Lingnan Tiandi includes 22 monuments, 128 traditional buildings, 8 historic alleys and many other buildings featuring traditional Lingnan architectural features. Every alley and each residence is a picture of Lingnan tradition.

### **Explore leisure options that reflect the spirit of Wing Chun**

'Stay with what comes, follow it as it retreats, thrust forward as the way is freed' is the relaxed philosophy Wing Chun aims to promote. To endorse this concept, the leisure area of Foshan Lingnan Tiandi presents a unique sense of beauty that blends traditional Lingnan characteristics with a modern flavour. Foshan Lingnan Tiandi showcases traditional architecture such as grey brick houses, winding alleys and Cantonese verandas. It also maintains the ancestral temple street where merchants once gathered. A winery and the Li Chung Shing Tong further add to the development's authenticity.

### **The Top 5 features of Foshan Lingnan Tiandi**

#### **1. Cradle of martial art**

Foshan is nicknamed 'the cradle of martial art' as it hosted Wong Fei Hung and Ip Man. In addition to the Wing Chun Hall, the Ip Man Hall and Wong Fei Hung memorial stadium showcase the life of two legendary masters. There are two lion dances every day by Guangdong Lion Dance inside the ancestral temple. Other attractions include the North Emperor Temple and Man Fu House, an outdoor Chinese opera house where performances are held several times a week.

#### **2. Marriage House for fairy tale weddings**

Foshan Lingnan Tiandi features a signature Marriage House available for rent for any kind of marriage celebration. The spacious interior includes a couple's bedroom, guest rooms, kitchen and living room, where the ceremony is performed.



### **3. Elegant and exquisite pottery**

In addition to martial arts, Foshan is also well known for its beautiful pottery, and quality pieces are displayed everywhere within Foshan Lingnan Tiandi. Besides exquisite local pottery, Foshan Lingnan Tiandi has imported an esteemed handcraft brand from Spain, Lladró, to encourage the development of Sino-Spanish pottery culture.

### **4. Traditional and modern cuisine**

Seventy percent of the outlets located within Foshan Lingnan Tiandi are restaurants, and grandest of them all is Kan's Mansion. Serving up western cuisine in a beautifully preserved setting, it's the perfect location for a business meeting. Taste One, meanwhile, is the place to sample local Guangdong cuisine. The Starbucks located inside Foshan Lingnan Tiandi is the only Starbucks in Southern China to incorporate Lingnan style – including a birdcage patchwork lamp and Chinese chandelier – into its interior design.

### **5. Authentic winery**

The Stone Bay Winery and Wine Hotel developed in the Qing Dynasty have been faithfully renovated. The stele and landscape paintings reflect old wine traditions, as do the long wooden benches and square wooden tables where guests sit.

## **About Foshan Lingnan Tiandi**

Foshan Lingnan Tiandi is a renovation project situated on Donghua Lane that has preserved one of the largest historical districts in China. Donghua Lane and the Foshan ancestral temple represent two of China's major historical sites. The other famous historical sites that are protected as part of this project are Kan's Mansion, the Marriage House and Li Chung Shing Tong. In total, 22 buildings or streets have been restored as part of this project.

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For further information about Shui On Land, please visit our website  
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